

I started on my path what I would call a traditional German perspective towards life, growing up as a teenager in the cold war period. This period was dominated by cultural confrontation, fear of the future and the start of the mass movement on the perception of ecological challenges. The impact on me was that I had a lack of inspiration to think outside the box.

My transformation started slowly in the late 80's, where I have been working and living in France for nearly two years. This opened the door for me to the global community of cultures and languages and to perceive things from different angles. Since then over the next 20 years I have acquired 6 languages (to various degrees) and travelled extensively around the world. I became a global networked nomad of some kind. In the 1990s I travelled for the first time to Africa making me also conscious on the problems of the developing world.

After finishing my university degrees I started working on international projects as a consulting engineer. I was interested in the work I was doing realizing transport projects worldwide, but there was always the nagging thought, that there should be more to life. But what? Covering layers on your personality through conditioning over the years leave you somehow disconnected from your self. I knew that I had to change something in my life, but did not know how.

On a trip to Saudi Arabia in 2003 I had to change planes in London. In a bookshop at the airport I discovered the book "How to make a living by being yourself" by Neil Crofts. I loved the book, as it showed a simple approach that connected to my longing for a life more in tune with myself. It seemed so easy that I first did not think it was feasible. I found out only later that my authentic transformation had already begun already years back without realizing and that it only required some final direction to come to full blossoming.

Still it took me another few years to figure out what I wanted to do with my life. Following many talks with close friends, exploring new business opportunities I was still left somehow confused, focusing on starting my own business to earn money to live my purpose in life later on. The combination of the book "Seven Stages of Authenticity" by Neil Crofts and the "Authentic Transformation Advance 2007" in Mallorca persuaded me to follow my authentic path earlier than that. The connection with like-minded people and the formulation of my purpose

made my path and "duty" to myself clearer for me.

Now and in the short term I am building on my coaching and training skills to help other people and companies on their personal transformation towards authenticity.

In the medium and long term I will set up a “space” in Southern Europe, where people come to work on key challenges in life: Cultural awareness, personal development, health and fitness, partnership, spiritual inspiration, fair globalisation. These should be developed in mutual collaboration with partners working in similar fields to maximise the impact on the wider community and society.

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