

I'll let you into a secret: I know that my unique abilities and passions have an effect on the very sociology, ecology and economics of this planet. When we as human beings are aligned with our talent/passion/gift, our world of work merges with our world of play. It all makes perfect sense and anything is possible, the joy that that merger creates makes the world go round.

Who has been one of my teachers in this amazing discovery? Neil Crofts.

And yet this is something I have always known. This burning flame inside me. But I dared not believe it. I was conditioned not to believe it. Then my brain stopped believing it. Funny my gut has always told me where I was meant to be headed. I chose to ignore it for too long at considerable cost to my health, and to the point where my self esteem had reached rock bottom.

We have such potential and power to do good in this world, and Neil is out there asking and challenging: "What is holding you back?!" He does not take excuses as answers. Neil can clearly see a world that is healed of its self-inflicted restraints. The more people who are living their hearts desires the better shape and more loving this planet will be. I love that!

Three (ish) years ago I was sitting on the carpet at Waterstones searching for a book on setting up your own business. I came away with three. Neil's book: 'authentic business' was in a language I could actually understand. Kind of like a conversation with a friend only at that time he couldn't hear me!

I read Neil's book in one sitting; I laughed, I cried, I scribbled all over it with notes, and I punched the air with JOY! This friend, I had never met, was telling me that everything I wanted to do with my business was exactly as it should be. My core ethics, which I believed in with every cell of my body, SHOULD absolutely follow me and be channeled into my business. But this book is proof there are businesses, with similar ethics and aspirations such as mine SUCCEEDING! They are not laughable or uncommercial or 'hippy'. What's more these companies seem to be having fun ;-)

I was intrigued, and much to my pleasure when I logged on to his website it was full to the brim of fascinating and inspiring articles written by people who were daring to live life to their full potential, or on the path, or wanting change. What is beautiful about Neil's website is that it is full of articles written by OTHER people. Neil is as keen to learn and be inspired as the rest of us.

Defining my life's purpose has been difficult. Well I knew exactly what I was going to do with my business, but was that one and the same as my life's purpose? Would I be able to live that purpose fully for the rest of my life? To speak my truth without fear? What had I been doing up until now? Major questions that have demanded major soul searching.

But this is a journey I am not doing alone. I have quite literally bombarded Neil with e-mails: streams of consciousness and questions. Much to my surprise he has answered most of them, yes I was WORTH his time. This generosity blew me away. He continues to answer with patience, and sensitivity, great depth of insight and most of all with humour ;-)

Neil is able to take a situation and flip it on its head in a way you would never have thought of. He is able to draw out the best in you because you know you don't have to hide yourself/your truth anymore. Neil is not interested in who you were, but in the person you know you must become in order to LIVE with joy.

You are the one who will be doing the work, so don't expect some instant 'cure' ;-). Neil cannot do that for you. But he can help create that clarity and headspace to enable HUGE lightbulb moments. This is YOUR race towards accepting yourself as a brilliant being. Neil is there to cheer you on, to convince you that what your heart desires IS a reality. I still have so much to do. But it is so exciting, the ultimate adventure, and I cannot wait to write my article about my business for his website.

Neil's words are so true: Listen to yourself; truly feel all that fills you up with joy. That is what you need to be doing in your life.

I no longer pay too much attention to those I call the walking negative. For as in Harry Potter they are the dementors: Those people who doubt you and tell you over and over again you cannot follow your dream. They are quite literally sucking the life force out of you! I am now actively choosing to surround myself only with people, such as Neil, who love me for my truth. Those who bring me encouragement and wisdom.

Neil is a not a guru, otherwise I would not be writing this ;-). He is a free thinker who will assist you, guide you, listen to you as you make your way towards the path you are meant to be living. 'Can't' is not in his vocabulary. Neil does not lay claim to having any of the 'answers'. His very public declaration is that ultimately YOU must trust in YOUR instinct whole heartedly. I agree: follow YOUR North Star because only YOU know the way...Sky's the limit!

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